

## LUNCH MENU

The 'Meal Plan' entitles guests to one dish per meal. Additional dishes will be charged.

All prices are in Fijian Dollars.

**(V) = Vegetarian / (GF) = Gluten Free**

### WAIIDROKA SALADS

FJD

#### ***Bang Bang Chicken Salad***

Green goddess shredded chicken on a bed of cos lettuce, carrots, cucumber & tomatoes **\$ 23.00`**

#### ***Niçoise Salad (V) (G.F)***

Crispy lettuce, sliced tomatoes, black olives, green beans, crumbled feta cheese, red onions, boiled egg and chick peas with a citrus herb vinaigrette **\$ 24.50**

**Add locally caught Tuna \$ 9.00**

### VAKARAKARA (SOUPS) (V) (GF)

Indo-Fijian Dahl Soup - with homemade Roti **\$ 15.00**

Waidroka Pumpkin & Coconut Soup - with toasted 'Waidroka Bread' & Butter **\$ 15.00**

### WAIIDROKA SPECIAL SANDWICHES

*Served with fries or wedges or Waidroka House Garden salad. Select toasted or plain bread.*

#### ***B.L.A.T.***

**Bacon / Lettuce / Avocado / Tomato** - homemade mayonnaise spread **\$ 24.00**

#### ***H.C.B.T.***

**Fijian Smoked Ham / Cheese / Bacon (grilled) / Tomato** with a homemade mustard-mayonnaise spread **\$ 24.00**

#### ***Soup and Sandwich Combo***

Choose a B.L.A.T or H.C.B.T without sides and add a soup of your choice **\$ 30.00**

#### ***Fijian Fish Melt: Toasted***

Grilled fish layered with crispy lettuce, sliced tomatoes, red onions, melted cheese with a homemade mayonnaise spread **\$ 26.00**

### SURF BURGERS

*Served with fries or wedges or Waidroka House Garden Salad.*

#### ***Chicken Avocado Burger***

Chicken Fillet - with homemade chilli mayonnaise spread, avocado, crispy lettuce & tomato **\$ 30.00**

#### ***Hangover Beef Burger***

Waidroka beef patties - with homemade onion jam, tomato, crispy lettuce, bacon, cheese and a Waidroka homemade BBQ sauce with a tangy mustard **\$ 32.00**

#### ***Lentil Burger (V)***

Grilled Lentil Patties - pickled cucumber, tomato, crispy lettuce & homemade cumin/carrot yogurt raita **\$ 29.00**

\* Taro Leaf, Rou-Rou, is the most important cash crop for Fijian communities. It is used in everyday meals and also used for ceremonial meals to make 'Palusami' (enjoy Palusami in our "Lovo-Feasts")



## **LUNCH MENU**

The 'Meal Plan' entitles guests to one dish per meal. Additional dishes will be charged.

All prices are in Fijian Dollars.

**(V) = Vegetarian / (GF) = Gluten Free**

### **DIVE WRAPS**

*Served with Waidroka House Garden Salad.*

#### ***Sweet Chili Chicken Wrap***

Grilled sweet chili garlic chicken bits with crispy greens, onions, tomato and avocado **\$ 20.00**

#### ***Lentil Wrap (V)***

Grilled Lentils with Hummus in homemade Roti - tomatoes, pickled veggies, **\$ 20.00**  
crispy lettuce, cumin yogurt

#### ***Fish Wrap***

Shredded grilled fish in a house made roti with a pickled veggie salad and drizzled **\$ 20.00**  
with citrus dressing

### **'RATU' (Chief in Fijian) LUNCH MEALS**

***Serua's Catch*** (can also be ordered with chicken as a main – we recommend the local fish)

Local Fish (pan fried or battered) - farm veggies, chips or wedges, sweet chilli or  
Waidroka Tartar Sauce **\$ 32.00**

#### ***Ratu's Special Waidroka Wings***

Resort chicken wings that will blow your mind! House salad with fries (or wedges),  
sweet chilli lime sauce and a fiery chilli sauce only found in Waidroka **\$ 32.00**

#### ***Waidroka Special Pasta – 'Ratu-Style'***

Chicken pasta with a béchamel sauce, fresh veggies and Bread **\$ 28.00**

### **SIDES:**

Basket of Fries or Wedges (V) (G.F) **\$ 9.00**

Waidroka House Garden Salad (V) **\$ 7.50**

Fruit plate (V) (G.F) **\$ 8.00**

Vanilla Ice Cream (V) **\$ 8.00**

### **WAIDROKA FOOD EXPERIENCE**

Waidroka Bay Resort has put a large emphasis on our food experience based on our clients of hungry adventure travellers and water sports enthusiasts coming from all over the world to stay in our 'Home-Away-From-Home' within our Waidroka Family atmosphere. One of the most important aspects in our kitchen is that we do not ever forget that we are in FIJI and are trying to create a fusion of tastes combining Fijian tastes and ingredients with creative dishes.

At Waidroka we bake our own bread, make our own cookies and muesli, and have a multitude of homemade spreads and chilli sauces (please ask about the various types and styles – if you like it HOT!) available at all times.

Please always let us know if there is anything you need specifically from our kitchen to ensure your food experience at Waidroka reflects the effort we make for you to enjoy and indulge on what we have to offer.

**All of our efforts are there to please and ensure you have a great Waidroka Food Experience!**

All prices including 25% government taxes (9% VAT, 6% STT, 10% ECAL)

